

# DINE

WITH MIQUILL

WEEK ONE

**DINE**  
Main Meal

**DINE**  
Vegetarian Meal

**Dessert**  
STOP  
Sweet choices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Toad in the Hole</b> Pork chipolata served with a Yorkshire pudding with mash and gravy	<b>Margherita Pizza</b> Cheese and tomato pizza with potato wedges	<b>Roast Chicken</b> Boneless chicken with crispy roasties and gravy	<b>Cottage Pie</b> Minced beef and vegetables in a rich gravy topped with mashed potato	<b>Chefs burger</b> Chef's chicken burger served with chips
<b>Pasta Bake</b> Wholemeal pasta with fresh basil tomato sauce and cheese with a garlic slice	<b>Potato and Spinach Curry</b> Lightly spiced potato, spinach and lentil curry with rice	<b>Quorn Roast</b> Quorn with crispy roast potatoes and gravy	<b>Cauliflower Cheese Bake</b> Baked cauliflower in a cheese sauce finished with a crunchy topping	<b>Vegetable Pasty</b> Root vegetables encased in a puff pastry shell
<b>Millionaires shortbread</b> Crisp shortbread, toffee sauce topped with chocolate	<b>Lemon Drizzle Cake</b> Zesty lemon sponge glazed with a lemon syrup	<b>Marble Sponge</b> Vanilla and chocolate sponges marbled together	<b>Chocolate Crunch</b> Served with fruit slices	<b>Vanilla cookie</b> Vanilla cookie with juicy fruit

TWO SEASONAL VEGETABLES, A RANGE OF FRESH SALADS, AND A CHOICE OF DESSERTS INCLUDING HOT PUDDING, YOGHURT OR FRUIT ARE AVAILABLE DAILY.

FILLED JACKED POTATOES AND FRESHLY MADE SANDWICHES ARE ALSO AVAILABLE



# DINE

WITH MIQUILL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Chicken Curry

Marinated diced chicken in a mild curry sauce with rice

## Margherita Pizza

A simple cheese and tomato pizza with wedges

## Baked Gammon

Baked gammon with crispy roasties and gravy

## Sweet & Sour Chicken

Marinated chicken and sliced vegetables served in a sweet and sour sauce with rice

## Beef burger

Beef burger in a bun served with chips

## Macaroni Cheese

Baked cheesy pasta with a crunchy topping and garlic slice

## Quorn Bolognese

Quorn vegetable and tomato sauce with wholewheat spaghetti

## Quorn Roast

Quorn with crispy roast potatoes and gravy

## Vegan Dogs

Vegan sausage served in a floured finger roll with BBQ beans

## Veggie Burger

Vegetable and bean burger in a soft bap served with chips

## Iced Sponge

Vanilla sponge topped with icing and served with custard

## Ice Cream and Fruit

Vanilla flavoured ice cream with extra fruit

## Apple Crumble

Baked apples topped with an oaty crumble, served with custard

## Chocolate Brownie

Reduced sugar chocolate brownie

## Vanilla shortbread

Crisp shortbread with a hint of vanilla

**DINE**  
Main Meal

**DINE**  
Vegetarian Meal

**Dessert**  
STOP  
Sweet choices

WEEK TWO

TWO SEASONAL VEGETABLES, A RANGE OF FRESH SALADS, AND A CHOICE OF DESSERTS INCLUDING HOT PUDDING, YOGHURT OR FRUIT ARE AVAILABLE DAILY.

FILLED JACKED POTATOES AND FRESHLY MADE SANDWICHES ARE ALSO AVAILABLE



# DINE

WITH MIQUILL

WEEK THREE

**DINE**  
Main Meal

**DINE**  
Vegetarian Meal

**Dessert**  
STOP  
Sweet choices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Spaghetti Bolognese</b> Beef mince, vegetables and tomato sauce with wholewheat spaghetti	<b>Pizza Pinwheels</b> Cheesy pizza roll with tomato filling, corn on the cob and herby diced potatoes	<b>Roast Beef</b> Juicy beef slices, yorkshires, crispy roasties and gravy	<b>Chicken Wrap</b> Marinated chicken thighs, peppers and onion in a tortilla wrap	<b>Sausage roll</b> Pork sausage and puff pastry served with chips
<b>Veggie Ball Sub</b> Veggie balls cooked in a rich tomato sauce, served in a sub roll	<b>Baked Bean Tartlet</b> A bread basket filled with baked beans and topped with cheese, served with herby diced potatoes	<b>Quorn in the Hole</b> Quorn sausage in a Yorkshire pudding with crispy roast potatoes and gravy	<b>Stir Fried Vegetables</b> Stir fried vegetables and chickpeas tossed together with noodles in a light soy sauce	<b>Veggie Wrap</b> Mild chilli beans, peppers and onion in a tortilla wrap
<b>Chocolate Mousse</b> A smooth chocolate mousse	<b>Rock Cakes</b> An individual cake with sultanas and a crunchy top	<b>Jam Sponge</b> Steamed sponge topped with fruit and served with custard	<b>Vanilla Cupcake</b> Vanilla sponge cake topped with a buttercream frosting	<b>Oat Cookie</b> An oaty cookie served with fruit slices

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